

# RECOMMENDED SCHEDULE

**Weeks 1-3** — Fri. / Sat. / Sun. / Tues. / Wed. Off on  
Mon. and Thurs.

**Week 4** — Fri. / Sat. (2 meetings) / Sun. / Tues. /  
Wed. Off on Mon. and Thurs.

**Final Weekend** — Fri. / Sat. (2 meetings)